Canadian Trainers Foundation

Level 5 CLIMBING COMPETENCY CHECKLIST

This checklist must be completed by a Certified Instructor or Qualified Supervisor

Equipment Inspections

Name	
Contact	

P Acceptable, C Needs coaching or supervision, F Not acceptable.

	ITEM	Free from	Р	С	F
47		Cuts, burns, loose stitching, holes in webbing			
48		Chemical or Hydrocarbon exposure			
49	0.11	Broken stitching, heavy fraying, abraded webbing			
50	Belts and	Bent missing or deformed grommets			
51	Saddles and	Hook and loop (velcro)that does not adhere			
52	Harness	Unautherised repair or alteration			
53		Broken, bent or rusted hardware			
54		Evidence of being subject to fall or shock load			
	ITEM	Free from	P	С	F
55		Excessive abrasion			
56		Glazing			
57	Ropes eyes	Discoloration			
58		loops slings Exposure to hydrocarbons/chemicals			
59	and Lanyards	Inconsistant Diameter			
60		Inconsistant texture/stiffness			
61		Evidence of being subject to fall or shock load			
		5			
-	ITEM	Free from	Р	С	F
62		Replaced in the last 6 months Excessive abrasion			
63 64		Glazing			
65	Rope Bridge	Discoloration			
66	Kope Bridge	Exposure to hydrocarbons/chemicals			
67		Inconsistent diameter/stiffness			
68		Evidence of being subject to fall or shock load			
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	ITEM	Free from	P	С	F
69	ITEM	Free from Carabiners rated to at least 23.5Kn	P	С	F
69 70	ITEM		P	С	F
- 1		Carabiners rated to at least 23.5Kn	P	С	F
70	ITEM Carabiner	Carabiners rated to at least 23.5Kn Loaded along major axis only	P	С	F
70 71		Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open	P	C	F
70 71 72		Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly	P	С	F
70 71 72 73		Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended	P	С	F
70 71 72 73	Carabiner	Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear			
70 71 72 73 74		Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from	P	C	F
70 71 72 73 74	Carabiner	Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from Autolocking, requiring three or more distinct actions to open			
70 71 72 73 74 75 76	Carabiner	Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from Autolocking, requiring three or more distinct actions to open Autolock working correctly			
70 71 72 73 74 75 76 77	Carabiner	Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended			
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70 71 72 73 74 75 76 77	Carabiner ITEM Rope Snaps	Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear	P	C	F
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70 71 72 73 74 75 76 77 78	Carabiner ITEM Rope Snaps ITEM Rings Pulleys	Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from distortion, cracks, excessive wear	P	C	F
70 71 72 73 74 75 76 77 78 79 80 81	Carabiner ITEM Rope Snaps ITEM Rings Pulleys Speed links	Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from distortion, cracks, excessive wear	P	C	F
70 71 72 73 74 75 76 77 78 79 80 81 82	Carabiner ITEM Rope Snaps ITEM Rings Pulleys Speed links Friction	Carabiners rated to at least 23.5Kn Loaded along major axis only Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from Autolocking, requiring three or more distinct actions to open Autolock working correctly Gate freely opens as intended Free from distortion, cracks, excessive wear Free from distortion, cracks, excessive wear Free from distortion, cracks, excessive wear	P	C	F

Date dd/mm/www					

Comments

Signature:	Trainer / Supervisor	Date dd/mm/yyyy

Student